

FOR CREATORS

LIVE EDIT

Make Claude edit your video on command. You say “put ChatGPT logo on my right hand” and it happens, on that exact word.

CLAUDE SKILL

THE SCRIPT

6 PROMPTS

HEAD-TO-HEAD

INSIDE

1. **What you'll make**, beat by beat
2. **The script** you read on camera, and how to film it
3. **Install the skill** in Claude Code
4. **The prompts**: start, check the plan, fix, stack
5. **The head-to-head** 9:16 reel (Claude vs ChatGPT)
6. **Every command explained** + troubleshooting

Nothing in the video is AI-generated. Every pixel is your own footage, code-drawn graphics and synthesised sound.

WHO'S *better?*

✱ **CLAUDE 5.5**GPT 6 **ASTRA**

The head-to-head: Claude's edit on top, ChatGPT's below. Same take, same commands.

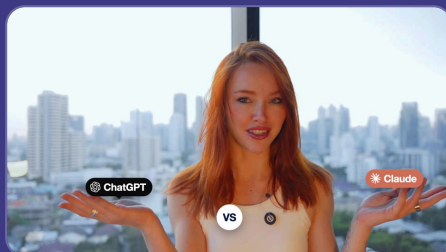
THE IDEA

EVERY COMMAND LANDS ON ITS WORD

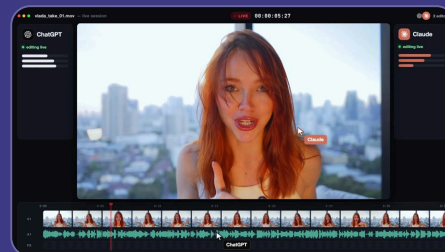
One talking-head take, about 35 seconds. You speak editing commands. Claude turns each one into a visible edit at the exact moment you say it.



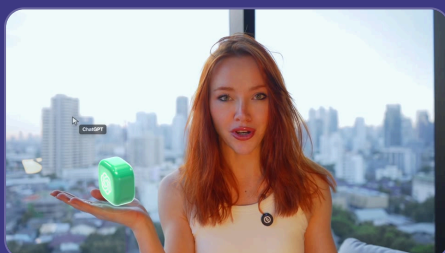
Frame 0. Hook title, slow push-in. Nothing is left unedited.



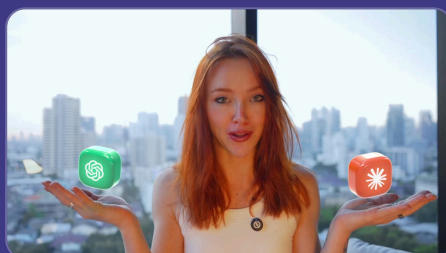
"ChatGPT or Claude" Name tags pop onto your palms, VS on "or".



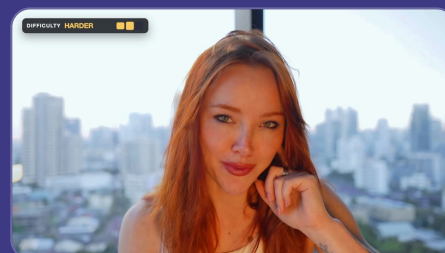
"...in real time" Your video shrinks into a live editor with two AI cursors.



"Put ChatGPT logo on my right hand" The cursor clicks a glass 3D cube onto your palm.



"Make them float..." Cubes hover, sway, then fly off to the sides.



"Let's make it harder" Snap punch-in, shake, difficulty meter.



"Put subtitles..." Two-font captions start on that word.



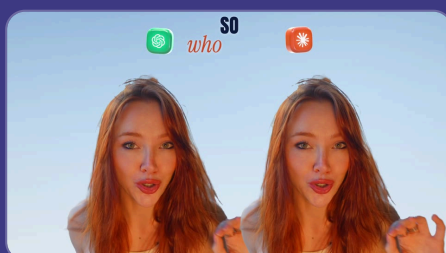
"...any Tarantino movie" A frameless 3D film card slides out from behind your head.



"Clear everything..." A light-band wipe replaces your background.



"...a clone of me" A copy of you slides out into a two-shot.



"So who won?" The cubes come back to flank the question.



The ending. Your real footage and captions. Clean, no gimmicks.

FOUR THINGS

WHAT YOU WILL NEED

This runs on your own computer. Claude writes and runs the edit with real editing tools, so it needs a machine with some muscle.

01

CLAUDE CODE

The terminal app or the Code tab in the Claude desktop app. A paid Claude plan.

02

A GOOD MACHINE

Apple Silicon Mac (best) or a PC with an NVIDIA GPU. About 6 GB of free space.

03

THREE FREE TOOLS

ffmpeg, Google Chrome and Python 3.12. Claude installs everything else.

04

YOUR TAKE

One landscape video, 30 fps, about 35 seconds. Plus a movie clip if you want one.

HOW IT WORKS

The skill gives Claude a full editing engine and a playbook. Claude reads your words, plans every beat, cuts you out of the background, tracks your palms and renders the edit. You check the plan and the result.

transcribe → find the cuts → plan the beats → matte you out →
track your palms → lay out → camera moves → 3D graphics → composite →
sound → render → QA sheet

setup, once

~5 MINUTES

Claude installs the engine and downloads the models.

per edit

~20 MINUTES

Mostly rendering. You only step in to check the plan and the result.

cost

\$0 EXTRA

No credits, no generators. Just your Claude plan.

Why not a phone app? The clone, the wipe and the film card behind your hair need a proper matte of you on every frame. That's real compute. A laptop does it in about a minute.

01 · STEP 01

WRITE IT, THEN FILM IT

Read this on camera. The bold words are what the engine listens for. Swap the AIs or the movie if you want.

Who's better at video editing, **ChatGPT** or **Claude**?

Let's make them edit this video in **real time**.

Put **ChatGPT** logo on my **right** hand. (raise your right palm)

Now put **Claude** logo on my **left** hand. (raise the left one, hold both)

Now make them **float** and **fly off** to the sides.

Let's make it **harder**.

Put **subtitles** using these two fonts.

Overlay a clip from any **Tarantino** movie when I say "movie".

Let's try even **harder**.

Clear everything on the background and put a **clone** of me next to me.

So... who won?

Want to edit videos like this too? Comment **EDIT** and I'll send you my instructions.

FILM IT LIKE THIS

- **Landscape 16:9**, 4K or 1080p, 30 fps, phone on a tripod at eye level.
- **Mid-chest up**, centred, room on both sides for your raised palms.
- **Palms up and open** when you name a hand, and keep both up until "fly off". No palm, no cube.
- **Any background** works. A bright window is fine.
- **Jump cuts are fine**. Glue your best takes together, Claude finds the cuts.
- Keep your hands off your face during "clear" and "clone".



The raw take. Window behind, palms up, centred. That's all the camera work there is.

Other AIs work too. Gemini, Grok, Perplexity, Meta AI, Le Chat, DeepSeek, Copilot. Just say their names.

02 · STEP 02

INSTALL THE SKILL

A skill is a folder of instructions and tools that Claude loads when the task matches. Download the zip from editwithvladaai.vercel.app, unzip it, and put the folder where Claude Code looks for skills.

for every project

YOUR SKILLS FOLDER

Move the reel-live-edit folder into

```
~/.claude/skills/reel-live-edit
```

for one project

THE PROJECT FOLDER

Or put it inside the folder you work in

```
<your-project>/.claude/skills/reel-live-edit
```

THEN INSTALL THE THREE FREE TOOLS (MAC)

```
brew install ffmpeg uv          # Homebrew: brew.sh  
# and Google Chrome from google.com/chrome
```

On Windows: `winget install Gyan.FFmpeg astral-sh.uv Google.Chrome`. Claude can do this part for you too.

COPY-PASTE PROMPT · SETUP

Use the reel-live-edit skill. Run its setup and tell me when it prints READY.
If anything is missing (ffmpeg, Chrome, Python 3.12), tell me the exact command to install it.

YOU WANT TO SEE THIS

```
ffmpeg  /opt/homebrew/bin/ffmpeg  
venv    ~/.liveedit/bin/python  
torch   2.x · mediapipe 1.x · playwright ok · whisper mlx_whisper · device mps  
model   rvm_resnet50.pth ok · hand_landmarker.task ok · pose_landmarker_heavy.task ok  
chrome  found (GPU path)
```

READY

What gets installed: a private Python environment in `~/.liveedit`, the matting model (RobustVideoMatting) and Google's hand tracker. Nothing touches your other projects.

03 · STEP 03

START THE EDIT

Paste this, with your own paths. The movie start time is where the moment you want begins in that file.

COPY-PASTE PROMPT · THE EDIT

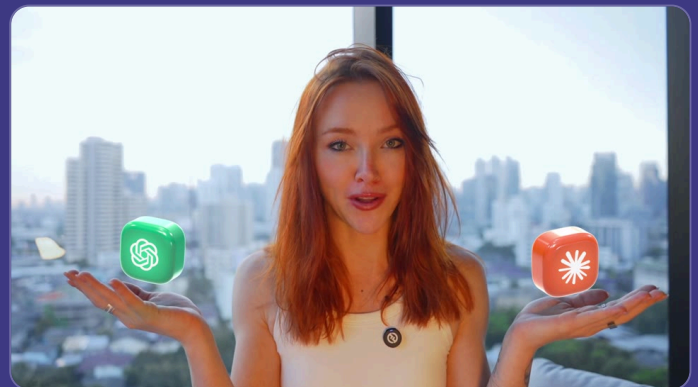
Use the reel-live-edit skill to edit my take: <path/to/take.mov>
 The two AIs are ChatGPT (my right hand) and Claude (my left hand).
 For the "movie" command use <path/to/clip.mp4>, starting at <m:ss> in that file.
 Work in <~/live-edit/my-take>.
 Before the long steps, show me the plan: every command, the word it lands on and the time.
 Then render it, open the QA sheet, check every beat yourself, and give me the MP4 path.
 No music, no AI-generated footage. Keep the ending clean (my footage + captions only).

WHAT CLAUDE DOES NEXT

1. **Transcribes you** with word timestamps and cleans up your voice.
2. **Finds your jump cuts** and **plans every beat** from your words (it shows you this).
3. **Cuts you out** of every frame and **tracks your palms** so the cubes sit on them.
4. **Lays out** the shot: where your head is, which side is free for captions and the film card.
5. **Takes a quick look** at stills of every beat and fixes anything off. This is the cheap step.
6. **Renders** the graphics, sound and picture into a 1920×1080 MP4.
7. **Checks the QA sheet**, one tile per beat, and tells you the file path.



Minute 1: you film this.



Minute 20: you post this.

Tip. Ask for one change at a time after the first render. Claude tests each change on stills before re-rendering, so small fixes take a minute, not ten.

04 · STEP 04

CHECK THE PLAN

Before anything heavy runs, Claude shows you a table like this. Each line is a beat, its time, and the words around it. Read it once.

1.42	hook.out	...video editing chat gbt or...
1.50	tags.left	...video editing chat gbt or...
2.36	tags.vs	...chat gbt or claude let's...
3.87	editor.in	...or claude let's make them...
5.72	editor.live	...video in real time put...
7.18	logos.left	...chat gbt logo on my...
10.28	logos.right	...put claude logo on my...
12.70	logos.float	...make them float and fly...
13.50	logos.fly	...float and fly off to...
15.10	difficulty HARDER	...the sides let's make it...
16.38	captions.from	...harder put subtitles using these...
20.17	clip.in	...from any tarantino movie when...
22.57	difficulty EVEN HARDER	...say movie let's try even...
23.66	clear.t	...even harder clear everything on...
26.40	clone.t	...put a clone of me...
29.00	recall.in	...to me. So who won?...
30.13	end.t	...who won? Want to edit...

WHAT TO LOOK FOR

- Every command you said has a line. Missing ones are listed at the bottom.
- The words in each line are the right moment. "chat gbt" is just how the transcriber spells ChatGPT.
- The hands are right: **your right hand shows on the left** of the screen.

IF SOMETHING IS OFF

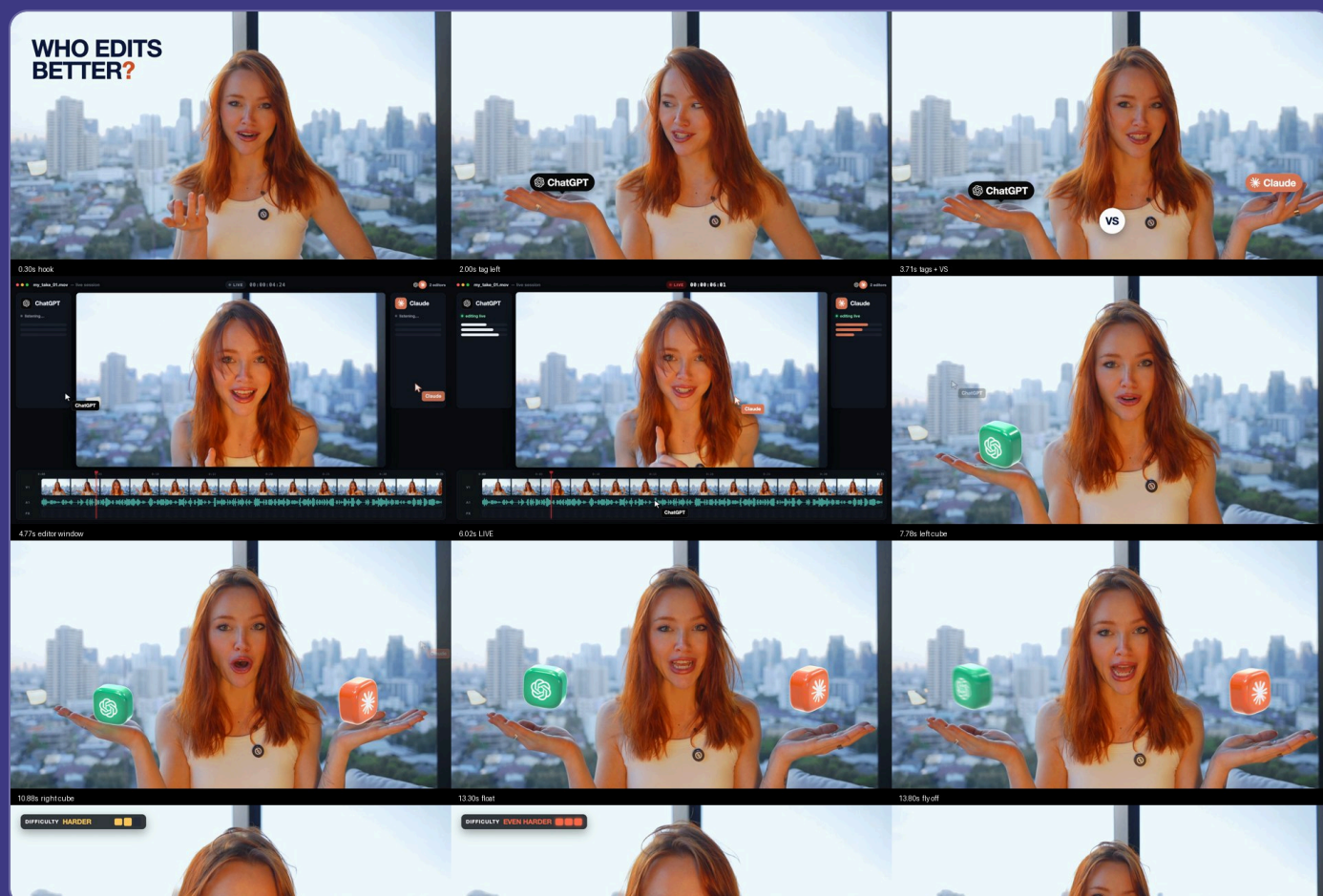
Tell Claude in plain words. It edits the plan file and re-checks.

The clone should appear on "clone", not on "put". Move it and show me a still of that moment.

05 · STEP 05

REVIEW AND FIX

After the render, Claude makes a QA sheet: one frame just after every beat. It checks it, then you watch the MP4.



Part of a real QA sheet, made by a fresh Claude session that only had the skill. Each tile is labelled with the time and the beat.

COPY-PASTE PROMPTS · FIXES THAT COME UP

The ChatGPT cube appears a bit late. Move its click 3 frames earlier, show me a still, then re-render.

Make the movie card bigger (about 1000 px wide) and start the clip on the moment he raises his hands.

Captions: split "AND I'LL SEND YOU" into "AND I'LL" / "send you".

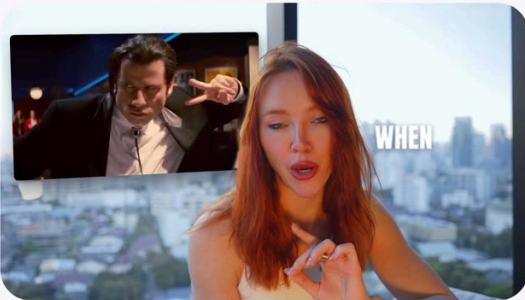
Add a soft music bed under it at -14 dB. Here's the track: <path/to/bed.wav>

06 · STEP 06

THE HEAD-TO-HEAD

WHO'S *better?*

✱ **CLAUDE 5.5**



🌀 **GPT 6 ASTRA**



9:16, ready to post. Both edits in sync, labels, a title that switches when your first sentence ends.

Want the viral version? Give another AI the exact same take and the exact same brief, then stack both edits. Fair fight.

1 · THE FAIR BRIEF (GIVE IT TO EVERY AI)

Here is my talking-head take: <file>. I speak editing commands in it. Edit the video so every command visibly happens on the word I say it: logos on the hands I name, they float and fly off, it gets "harder", subtitles in two fonts start when I say "subtitles", a clip from a Tarantino movie appears when I say "Tarantino", the background clears, a clone of me appears next to me, and the ending is clean with captions. Every second should look edited. Deliver a 1920×1080 MP4, same length, in sync with my audio.

2 · STACK THEM

Use the reel-live-edit skill to stack two edits of the same take into the 9:16 head-to-head: top = <claude_edit.mp4> labelled "CLAUDE" (brand claude), bottom = <other_edit.mp4> labelled "CHATGPT" (brand chatgpt). Title "EDITING" until the end of my first sentence, then "WHO'S better?". Use my original take's audio. Show me a frame before you send the file.

Why the original audio? Each edit has its own sound effects. Neutral audio keeps the comparison about the picture.

CHEAT SHEET

EVERY COMMAND, EXPLAINED

Skip any line of the script and that effect is skipped. Keep the order, the escalation is the whole point.

YOU SAY	WHAT HAPPENS	TIP
"ChatGPT or Claude?"	Hook title from frame 0, name tags on your palms, VS on "or"	Palms up while you say the names
"...in real time"	Your video shrinks into a live editor: AI panels, LIVE timecode, filmstrip, two cursors	A jump cut before this line makes the zoom snap
"Put ChatGPT logo on my right hand"	The cursor flies to your palm and clicks a glass 3D cube in. It follows your hand	Hold the palm still for 2 seconds
"Make them float and fly off"	Cubes rise, sway, then fling off with motion blur	Keep both palms up until "fly off"
"Let's make it harder"	Snap punch-in on your face, shake, difficulty meter	Start this line on a fresh take
"Put subtitles..."	Captions from that word on, bold caps + italic serif	Ask for any wording changes after
"...any Tarantino movie"	A frameless 3D film card slides out from behind your head and floats behind your hair	You need the rights to the clip you use
"Clear everything on the background"	A light band wipes your room away to a clean sky	Hands away from your face
"...a clone of me next to me"	A copy of you slides out into a two-shot	The clone is your own footage, not AI
"So who won?"	The cubes fly back to frame the question	Look at the lens
"Want to edit videos like this too?"	Back to your real footage, captions only	Your CTA, your words

IF SOMETHING LOOKS WRONG

QUICK FIXES

YOU SEE

A cube floating in the air, not on your palm

Cubes on the wrong hands

Bits of your room left in your hair after the wipe

Holes in dark hair or a white top after the wipe

The film card covers your face

Captions touch your hair or hands

A beat happens on the wrong word

Setup says NOT READY

TELL CLAUDE

"Check the palm tracking around that time." Usually the palm wasn't raised yet. Delay the click or re-film that line.

"Swap the brands." If your camera mirrors you, say "my take is mirrored".

"Turn on the window matte cleanup."

"Turn the window cleanup off."

"Put the clip on the other side" or "make it smaller".

"Move that caption chunk to the top" or "shorten it".

"Move X to the word Y." Claude edits the plan and checks a still.

Paste the output back. It names what's missing.

RIGHTS, HONESTLY

Use movie clips you have the right to use. Brand logos are there to name the products you compare, not to suggest endorsement. The matting and hand-tracking models download from their official sources.

WHAT'S IN THE ZIP

SKILL.md (Claude's playbook) · SCRIPT.md · PROMPTS.md · REFERENCE.md (every setting) · engine/ (the editor itself) · fonts with their licences.

MADE IT?

TAG ME @VLADA.ASANA

I want to see your edits. The skill lives at editwithvladaai.vercel.app, more free guides on vladasana.com/techblog